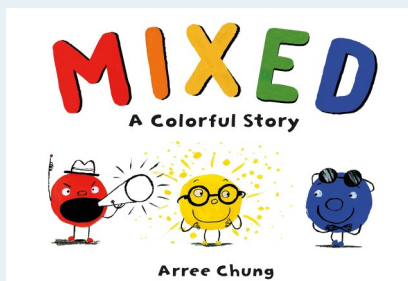


Recommended Reads

Mixed written by Arree Chung

The reds, the yellows, and the blues all think they're the best in this vibrant, thought-provoking picture book from Arree Chung, with a message of acceptance and unity.

In the beginning, there were three colours . . . Reds, Yellows, and Blues. All special in their own ways, all living in harmony--until one day, a Red says Reds are the best! and starts a colour kerfuffle. When the colours decide to separate, is there anything that can change their minds? A Yellow, a Blue, and a never-before-seen colour might just save the day in this inspiring book about colour, tolerance, and embracing differences.



Wellbeing Team

We have had lots of applications to be a member of The Wellbeing Team @ GIA. We are very lucky to have a parent representative in in each year group. We will be holding our first meeting on Friday 20th May. If you have any concerns or suggestions about mental health and wellbeing , then please feel free to contact a member of the Wellbeing Team @ GIA.

Sara Goodenough
Anne- Marie Ward
Kimberley Wassell
Jodie Booth
Joanne Marshall-Maguire

Next Half Term...

Issue 4

- Restorative Practice
- Transition visit details

Class Assemblies

Oliver Jeffers — Thursday 23rd June

Festivals and Events

- Sports Day
- Transition visits to new classes
- Leavers Assembly

Click here to let us know what you thought about this leaflet. [Click here](#)



Mental Health and Wellbeing @ GIA Issue 3

Headteacher—Mrs Anna Walker
PSHE/RSE Governor—Mrs Barbara Hughes
Family Learning Mentor—Mrs Hilary Lane
Senior Mental Health Lead—Mrs Kirsty Harley



Welcome back!

It is our greatest pleasure to send the next issue of our new half termly mental health and wellbeing newsletter.

We will continue to use this newsletter to let you know about all of the wonderful things that we have been learning @GIA

As you know at GIA we pride ourselves on helping all of the children to be the best that they can be.

"Everyone deserves the best, everyone deserves respect"

[Click to see our Wellbeing Offer](#)



Growth Mindset



Growth mindset: "With a growth mindset, **people believe that their most basic abilities can be developed through dedication and hard work**—brains and talent are just the starting point. This view creates a love of learning and a resilience that is essential for great accomplishment." (Dweck, 2015)

At GIA we strongly encourage a 'growth mindset' in all of our learners. In each of our Year 1 and Year 2 classes we have a Growth Mindset display that reminds the children that anything is possible. We constantly use the phrase 'we can't do it yet!' This phrase is also displayed in our EYFS classrooms.



Clubs

School Council

The School Council is made up of fourteen representatives from Reception to Year 2. The GIA school councillors have a pivotal role in ensuring that the children's voices are heard and have an impact on the development of the school and the community around us. [For more information click here.](#)

Celebration Crew

Children in the crew work together to think of ways that we can share the message and celebrate different religious and cultural festivals. The celebrations and festivals include; Holi and the Queen's Jubilee.

Eco Warriors

Being an Eco Warrior is an ideal opportunity for our pupils to be more environmentally friendly and share important messages with the rest of school. It provides opportunities for pupils to communicate their feelings with other members of school, as well as influence decisions that are made. [For more information click here](#)

Digital Leaders

Been a Digital Leader is a great opportunity for our pupils to get involved in the way we use technology around out school. Digital Leaders are children who have a passion for technology and want to share this with others. They are also responsible for spreading online safety messages throughout our school and ensuring everyone understands how they can stay safe online. [For more information click here.](#)